

# IQF Stuffed Poblano Pepper w/ Cheese (6 oz)

ITEM # 9000105 PRODUCT OF MEXICO

## DESCRIPTION

Delicious authentic IQF Stuffed Roasted Poblano Pepper with Cheese, prepared with traditional ingredients. Easy to heat and serve.

## INGREDIENTS

Roasted poblano pepper, pasteurized Jack type cheese (milk, calcium chloride, salt, rennet), egg white, wheat flour, water, salt, spices, vegetable oil (canola a/o palm Oil a/o soybean oil)

Contains: MILK, EGG, WHEAT.



## WEIGHT PER PIECE

5.7 oz. to 6.3 oz

## SHELF LIFE

**FROZEN** (<= 0°F) 1 year.

## REFRIGERATION (38\* - 44°F) 7 days.

Instructions: Slack out the product directly from the freezer to retail cooler refrigeration at (38\*- 44°F), product will have a maximum 7 days from frozen. Dont remove from seal bag. Product must be kept in these temperatures to have the 7 days shelf life after frozen.

Once Thawed use as soon as possible.  
Do not refreeze.

## Nutrition Facts

30 servings  
per container  
Serving size  
6oz (170g)

**Calories**  
per serving **400**

| Amount/serving                  | % Daily Value* | Amount/serving                           | % Daily Value* |
|---------------------------------|----------------|------------------------------------------|----------------|
| <b>Total Fat</b> 30g            | 39%            | <b>Total Carbohydrate</b> 20g            | 7%             |
| Saturated Fat 12g               | 59%            | Dietary Fiber 1g                         | 5%             |
| Trans Fat 0g                    |                | Total Sugars 3g                          |                |
| <b>Cholesterol</b> 7mg          | 2%             | Includes 0g Added Sugars                 | 0%             |
| <b>Sodium</b> 615mg             | 27%            | <b>Protein</b> 12g                       |                |
| Vitamin D 0mcg 0% • Iron 1mg 5% |                | Potassium 209mg 100% • Calcium 144mg 11% |                |

## COOKING INSTRUCTIONS

Once Thawed **MICROWAVE**: (approx. times)

1. Open the bag and Heat for 3 to 5 minutes
2. Carefully flip & turn and heat 2 minutes

Once Thawed **OVEN**: (approx. times)

1. Pre-heat at 390°F
2. Open the bag and Heat 15-20 minutes
3. Carefully flip & turn and heat 2 minutes

| Case                    | Cs Net (lb)       | Cs Gross (lb)       | Items per Cs        | Brand              | Plant #        | Store Temp ( °F )      | Shelf Life (months) | UPC Item |
|-------------------------|-------------------|---------------------|---------------------|--------------------|----------------|------------------------|---------------------|----------|
| 1/30 pcs                | 11.25             | 14.5                | 30 pcs              | LA Specs           |                | < = 0°F                | 12                  |          |
| Cases per Pallet        | Ti x Hi           | Pallet Height       | Case Dimension      | Case Cubic (cu ft) |                | Lead Time (weeks)      | UPC Case            |          |
| 135                     | 15 x 9            | 88”                 | 15.3 X 7.87 X 9.05” | 0.63               |                | 4                      | 10672975797102      |          |
| Truck Load (20 pallets) | Truck Load Net Wt | Truck Load Gross Wt | Pallet Net Wt       | Pallet Gross Wt    | PRICE (fob \$) | Suggested Retail Price | Retailer Margin     |          |
| 2,700 cs                | 30,375 lb         | 39,150 lb           | 1,518.75 lb         | 1,957.5 lb         |                |                        |                     |          |

